

Redi Grilled™ Alaskan Salmon

Fire Grilled, Fully Cooked Fillets



Fully Cooked, Wild, Ocean Caught
Salmon Fillet Portions



Your Seafood Source

Redi Grilled™ Alaskan Salmon

T Trident Seafoods' all new Redi Grilled wild salmon portions are fully cooked and Recipe Redi™ for heart-healthy salads, tasty teriyakis, signature sandwiches and a host of delicious seafood entrees. Cut from 100% wild Alaskan salmon fillets, these fire grilled four ounce portions are ready to thaw and serve—or simply warm them up in your favorite salmon recipe.

Redi Grilled Salmon

Nutritionally speaking, there's nothing like wild salmon for healthy protein and natural oil content that's rich in heart-healthy omega-3s. Each uniform portion of Trident's Redi Grilled salmon is cut from 100% wild Alaskan salmon fillet, and Trident's meticulous quality control process assures both quality and traceability "from the source to the plate." In fact, that's the Trident motto.

Trident Redi Grilled salmon is a natural choice for any restaurant or dining facility looking for entrée options that are tasty, low-calorie and high in protein. Each 4 oz. salmon portion offers 21g of protein with less than 2g of total fat, zero trans fat and only 110 calories.

Features & Benefits

- From whole fillets → Nice fish flake
- Fully cooked → Thaw & serve, no cook loss
- Heats from Frozen → No prep time
- Boneless/Skinless → Safe, easy, preferred by customers
- Seafood appeal → Perceived value
- Portion control → Consistent serving size
- Versatile → Multiple hot or cold menu applications
- E.Z. Peel VacPac → Safe, quick to open

INGREDIENTS: PINK SALMON, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: CULTURED DEXTROSE, CORN SYRUP SOLIDS, SALT, SPICE EXTRACTIVES, SUGAR, DEHYDRATED GARLIC, DEHYDRATED ONION, MALTODEXTRIN, SPICES, PAPRIKA, NATURAL FLAVOR, SODIUM PHOSPHATES. ALLERGY INFORMATION: CONTAINS FISH (SALMON).

Target Markets	Buffet	Business & Industry	Casinos	Casual Dining	Catering	Club Stores	Correction	Country Clubs	Cruise Ships	Family Style	Fast Food	Fine Dining	Health Care	Hotel	Military	Retail Grocer	Retirement Communities	Schools	Seafood Market	Service Deli	Universities & Colleges	
Redi Grilled Salmon	X	X	X	X	X			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

ITEM#	PORTION SIZE	PACK	APPROX. PORTIONS PER CASE	UPC#	GROSS WT.	DIMENSION (L x W x D)	CUBE	TI HI
Fully Cooked Redi Grilled Alaskan Salmon Portions – VacPac								
410337	4 oz.	1/10 lb.	40	0 28029 10337 3	11.2 lb.	15" L x 10.25" W x 5.75" D	.51	12 x 7

Thawing Instructions

Store at or below 0° F.

Remove fully cooked salmon portions from the plastic pouch and place the product in a shallow tray, cover and store in the refrigerator overnight. Once thawed, the fully cooked salmon portions are ready to serve.

Heating Instructions

FROM THAWED:

Microwave Oven: Using microwave-safe cookware, cover and microwave on 50% power for approximately 1.5 minutes to reach 140° F.

Conventional Oven: Preheat oven to 350° F. In an oven-safe baking dish, add salmon and enough liquid to cover the bottom of the dish. Cover with lid or foil and cook for approximately 10 minutes to reach 140° F.

FROM FROZEN:

Microwave Oven: Puncture vacuum package and microwave at 50% until 140° F.

Stove top: Place one frozen, unopened vacuum packed salmon portion in boiling water for 10–12 minutes. Carefully remove from package and serve.

Cooking times and temperatures may vary with equipment.



Fettuccini Alfredo

Serves 12

- 12 Trident Seafoods 4oz. Redi Grilled Wild Alaskan Salmon Fillets
- 2 pounds fettuccini noodles
- 72oz. prepared Alfredo sauce
- 1 to 2 teaspoons red pepper flakes
- 2 teaspoons parsley flakes
- 2 teaspoons lemon zest
- Pepper, as needed
- Asparagus spears, cooked, as needed

Thaw and heat Trident 4oz. Redi Grilled Salmon Fillets according to package directions. Cook fettuccini noodles according to package directions. Heat Alfredo sauce and season with red pepper, parsley, zest and pepper.

Per Order:

- Toss 2 cups cooked fettuccini with 6oz. Alfredo sauce. Top with 1 Trident 4oz. Redi Grilled Salmon Fillet.

Serve with asparagus spears.

Nutrition Facts – Redi Grilled Salmon		
Serving Size 4 oz – 1 portion (113g)		
Amount Per Serving		
Calories	110	Calories from Fat 15
		% Daily Value*
Total Fat	1.5g	2%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	20mg	7%
Sodium	530mg	22%
Total Carbohydrate	2g	1%
Dietary Fiber	0g	0%
Sugars	0g	
Protein	21g	42%
Vitamin A	0%	Vitamin C 0%
Calcium	2%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.



Your Seafood Source

5303 Shilshole Ave. NW, Seattle, WA 98107

PHONE: 800-367-6065 206-783-3474

FAX: 206-782-7246

E-MAIL: Sales@TridentSeafoods.com

Visit us on our website: www.TridentSeafoods.com

